

2018 L'Etape London - Key Route Timings (version 1)

Sun Rise: 06:52

Sun Set: 18:55

Leg Name / Roads / Description	Settlement	Borough / County	Jct No. (M = Stewarded Jct)	Total Approx KM LONG ROUTE	Total Approx KM MEDIUM ROUTE	Total Approx KM SHORT ROUTE	Fastest Rider LONG	Slowest Rider LONG	Fastest Rider MEDIUM	Slowest Rider MEDIUM	Fastest Rider SHORT	Slowest Rider SHORT
Average Speed (km/h)							37	20	32	16	24	10
Start - Lea Valley Velopark (Départ Fictif)	London	Newham	n/a	0.0	0.0	0.0	07:30:00	08:10:00	08:15:00	08:30:00	08:35:00	08:45:00
Right turn @ T-jct of Temple Mills Lane / A106	London	Waltham Forest	J1	0.9	0.9	0.9	07:31:00	08:12:00	08:16:00	08:33:00	08:37:00	08:50:00
Left turn off A106 onto Orient Way	London	Waltham Forest	J2	1.0	1.0	1.0	07:31:00	08:13:00	08:16:00	08:33:00	08:37:00	08:51:00
RB 2nd Exit - Orient wAy / Marshall Rd / Gateway Rd	London	Waltham Forest	J3	1.1	1.1	1.1	07:31:00	08:13:00	08:17:00	08:34:00	08:37:00	08:51:00
Orient Way j/w A104 (right turn - no priority / exclusive turn)	London	Waltham Forest	M1	2.9	2.9	2.9	07:34:00	08:18:00	08:20:00	08:40:00	08:42:00	09:02:00
A104 j/w A114 (Whipps Cross Road) - roundabout (straight over)	London	Waltham Forest	M2	6.0	6.0	6.0	07:39:00	08:28:00	08:26:00	08:52:00	08:50:00	09:21:00
Right turn off A104 onto Snaresbrook Rd	Walthamstow	Waltham Forest	J4	6.1	6.1	6.1	07:39:00	08:28:00	08:26:00	08:52:00	08:50:00	09:21:00
Left turn @ T-jct of Snaresbrook Rd / A1199	Walthamstow	Redbridge	J5	7.3	7.4	7.4	07:41:00	08:31:00	08:28:00	08:57:00	08:53:00	09:29:00
RB 2nd exit (right) Woodford Green / Woodford New Road / A1199	Woodford	Redbridge	J6	10.0	10.0	10.0	07:46:00	08:40:00	08:33:00	09:07:00	09:00:00	09:45:00
RB 2nd exit - Cross Roads / Epping New Rd / Earl's Path	Loughton	Essex	J7	15.8	15.8	15.8	07:55:00	08:57:00	08:44:00	09:29:00	09:14:00	10:19:00
Départ Réel (A104) [Epping Forest - near Wake Valley Ponds Car Park]		Essex		17.8	17.8	17.8	07:58:00	09:03:00	08:48:00	09:36:00	09:19:00	10:31:00
A104 j/w A121 / B172 - roundabout SPLIT POINT (long + medium straight over onto B1393, short turn right onto B172 towards Theydon Bois)		Essex	M3	18.7	18.7	18.7	08:00:00	09:06:00	08:50:00	09:40:00	09:21:00	10:37:00
B172 (Abridge Road) j/w Coopersale Lane (turn left)	Theydon Bois	Essex				22.1					09:30:00	10:57:00
Hobbs Cross	Hobbs Cross	Essex				23.8					09:34:00	11:07:00
Toot Hill	Toot Hill	Essex				30.4					09:51:00	11:47:00
FEED STATION 4 (SHORT ROUTE ONLY) Jewsons, Greensted Rd, Essex CMS 9HQ		Essex				35.0					10:02:00	12:15:00
The Borough j/w A113 (High Street) - (left turn) [Chipping Ongar]	Chipping Ongar	Essex				35.1					10:02:00	12:15:00
A113 j/w A414 - roundabout (straight over)		Essex	M10			36.5					10:06:00	12:24:00
Ongar Rd j/w Moreton Rd		Essex				39.7					10:14:00	12:43:00
Right Turn (TL) off B193 onto B181	Epping	Essex	J8	23.8	23.8		08:08:00	09:21:00	08:59:00	09:59:00		
R/about B181 / A414 / Weald Bridge Road	North Weald Basset	Essex	M4	28.9	28.9		08:16:00	09:36:00	09:09:00	10:18:00		
T-Jct Right - onto Wind Hill		Essex	J9	31.1	31.1		08:20:00	09:43:00	09:13:00	10:26:00		
End of out/back station. Outward route turns left, return route turns left		Essex	M5	32.9	32.9		08:23:00	09:48:00	09:16:00	10:33:00		
T-Jct Right onto unnamed rd	Matching Green	Essex	J10	36.3	36.5		08:28:00	09:58:00	09:23:00	10:46:00		
FEED STATION 1 (LONG + MEDIUM ROUTE) [Hatfield Heath Cricket Club - CM22 7AB]	Hatfield Heath	Essex		41.0	41.0		08:36:00	10:13:00	09:31:00	11:03:00		
Right Turn onto B183	Hatfield Heath	Essex	J11	41.0	41.0		08:36:00	10:13:00	09:31:00	11:03:00		
T-Jct Right onto A1060	Hatfield Heath	Essex	M6	41.1	41.1		08:36:00	10:13:00	09:32:00	11:04:00		
Left turn off A1060 onto Dunmow Rd	Hatfield Heath	Essex	J12	41.1	41.1		08:36:00	10:13:00	09:32:00	11:04:00		
Closed Road Sprint 1 - Takeley		Essex		46.5	46.5		08:45:00	10:29:00	09:42:00	11:24:00		
X Roads B1256 / Station Rd - Straight over	Takeley	Essex	J13	49.7	49.7		08:50:00	10:39:00	09:48:00	11:36:00		
RB 2nd exit - Parsonage Rd / unnamed rd / terminal avenue		Essex	J14	51.5	51.5		08:53:00	10:44:00	09:51:00	11:43:00		
Right turn off Hall Rd onto unnamed Rd		Essex	J15	53.5	53.5		08:56:00	10:50:00	09:55:00	11:50:00		
T-jct right onto The Maltings Broxted (followed by left onto unnamed rd)	Broxted	Essex	J16	56.6	56.6		09:01:00	10:59:00	10:01:00	12:02:00		
T-jct right onto B1051	Broxted	Essex	J17	57.1	57.1		09:02:00	11:01:00	10:02:00	12:04:00		
B1051 (Park Street) j/w B184 (Mill End) SPLIT POINT (long turns left, medium turns right) CUTOFF for Long Route @ 12.30	Thaxted	Essex	M7	62.9	62.9		09:12:00	11:18:00	10:12:00	12:25:00		
Staggered X roads Ivy todd Hill / Water Lane / Debden Road - Straight Over	Debden	Essex	J18	70.2	70.2		09:23:00	11:40:00	10:26:00	12:53:00		
RB 2nd exit onto High Street	Saffron Walden	Essex	J19	75.0	75.0		09:31:00	11:55:00	10:35:00	13:11:00		
B184 (High Street) j/w B184 (George Street) LONG ROUTE JOINS 2014 TOUR DE FRANCE ROUTE	Saffron Walden	Essex	M8	75.8			09:32:00	11:57:00				
X Roads B1053 / B1054 / Ashdon Road. Right Turn	Radwinter	Essex	J20	83.7			09:45:00	12:21:00				
Left Turn onto B1053	Great Sampford	Essex	J21	87.7			09:52:00	12:33:00				
FEED STATION 2 (LONG ROUTE ONLY) [Great Sampford Village Hall / Primary School - Finchingfield Road CB10 2RL]	Great Sampford	Essex		88.5			09:53:00	12:35:00				
T-jct - Left onto B1053	Finchingfield	Essex	J22	93.5			10:01:00	12:50:00				
Right Turn off Silver street onto B1053	Whethersfield	Essex	J23	97.6			10:08:00	13:02:00				
T-Jct right turn onto unnamed road		Essex	J24	100.7			10:13:00	13:12:00				
X Roads - The St / Shalford Rd / Gore Road - Straight over	Rayne	Essex	J25	108.5			10:25:00	13:35:00				
T-jct turn right onto New Road	Rayne	Essex	J26	108.8			10:26:00	13:36:00				
Right turn off school road onto unnamed road		Essex	J27	110.6			10:29:00	13:41:00				
Left turn off Station Road onto B1417	Felsted	Essex	J28	115.9			10:37:00	13:57:00				
B184 (j/w The Endway) (continue straight)	Great Easton	Essex			68.8				10:24:00	12:48:00		
The Causeway j/w The Downs (mini-roundabout)	Great Dunmow	Essex			72.4				10:30:00	13:01:00		
B1008 Chelmsford Road j/w A120 (continue straight)		Essex			74.7				10:35:00	13:10:00		
B1417 j/w B1008 [Nr Ford End] RE-JOIN POINT (routes re-merge - long route turns left onto road, medium route continues straight) MEDIUM ROUTE ALSO JOINS 2014 TOUR DE FRANCE ROUTE		Essex	M9	120.1	81.7		10:44:00	14:10:00	10:48:00	13:36:00		
RB - 2nd Exit - B1008 / Main Road		Essex	J29	121.3	82.9		10:46:00	14:13:00	10:50:00	13:40:00		
FEED STATION 3 (LONG + MEDIUM ROUTES) Great Waltham Village Hall - Chelmsford Rd, CM3 1AG		Essex		123.2	84.8		10:49:00	14:19:00	10:54:00	13:48:00		
Right turn off Main road onto South Street	Great Waltham	Essex	J30	124.1	85.7		10:51:00	14:22:00	10:55:00	13:51:00		
T-jct - turn left onto Woodhall Hill		Essex	J31	127.4	89.0		10:56:00	14:32:00	11:01:00	14:03:00		
T-jct turn right onto Chignal Road	Chelmsford	Essex	J32	129.8	91.4		11:00:00	14:39:00	11:06:00	14:12:00		
Chignal Road j/w A1060 (turn right)	Chelmsford	Essex	J33	131.3	92.9		11:02:00	14:43:00	11:09:00	14:18:00		
RB - Second exit A1050 / Lordship Rd		Essex	J34	132.5	94.1		11:04:00	14:47:00	11:11:00	14:22:00		
Turn left off A1060 onto Vicarage Rd	Roxwell	Essex	J35	134.8	96.4		11:08:00	14:54:00	11:15:00	14:31:00		
Closed Road Sprint 2 - Roxwell		Essex		137.0	98.6		11:12:00	15:01:00	11:19:00	14:39:00		
Left turn off Dukes Lane onto Birds Green		Essex	J36	143.3	104.9		11:22:00	15:19:00	11:31:00	15:03:00		
T-jct - turn left onto Dunmow road		Essex	J37	145.3	106.9		11:25:00	15:25:00	11:35:00	15:10:00		
Turn right off Ongar road onto Moreton Road	Fyfield	Essex	J38	146.7	108.3		11:27:00	15:30:00	11:38:00	15:16:00		
RE-JOIN POINT (long + medium straight on, short joins them from left) SHORT ROUTE ALSO JOINS 2014 TOUR DE FRANCE ROUTE Ongar Rd j/w Moreton Rd	Moreton	Essex		150.1	111.7	39.7	11:33:00	15:40:00	11:44:00	15:28:00	10:14:00	12:43:00
End of loop - routes turn left to re-join tail back to finish venue [after Moreton]		Essex	M5	151.8	113.4	41.4	11:36:00	15:45:00	11:47:00	15:35:00	10:18:00	12:53:00
RB 2nd exit A414 / Weald Bridge Road / High Road	North Weald Basset	Essex	M4	156.7	118.3	46.3	11:44:00	16:00:00	11:56:00	15:53:00	10:30:00	13:22:00
T-jct left turn onto B1393	Epping	Essex	J8	160.9	122.5	50.5			12:04:00	16:09:00	10:41:00	13:48:00
A104 j/w A121 / B172 - roundabout (straight over) earlier split point for short route on way out)		Essex	M3	166.0	127.6	55.6	11:59:00	16:28:00	12:14:00	16:28:00	10:54:00	14:18:00
Départ réel (A104) [Epping Forest - near Wake Valley Ponds Car Park]		Essex		167.8	129.4	57.4	12:02:00	16:33:00	12:17:00	16:35:00	10:58:00	14:29:00
RB - 2nd exit - Cross Roads/Earls Path j/w A104	Loughton	Essex	J7	168.9	130.5	58.5	12:03:00	16:36:00	12:19:00	16:39:00	11:01:00	14:36:00
Slight left to stay on A1199	Woodford	Redbridge	J6	174.6	136.2	64.2	12:13:00	16:53:00	12:30:00	17:00:00	11:15:00	15:10:00
Right turn off A1199 onto Snaresbrook Rd	Walthamstow	Redbridge	J5	177.1	138.7	66.7	12:17:00	17:01:00	12:35:00	17:10:00	11:21:00	15:25:00
T-jct - turn left onto A104	Walthamstow	Waltham Forest	J4	178.1	139.7	67.7	12:18:00	17:04:00	12:36:00	17:13:00	11:24:00	15:31:00
R/about A114/A104/Lea Bridge Rd	London	Waltham Forest	M2	178.7	140.3	68.3	12:19:00	17:06:00	12:38:00	17:16:00	11:25:00	15:34:00
A104 j/w Orient Way (left turn)	London	Waltham Forest	M1	182.0	143.6	71.6	12:25:00	17:16:00	12:44:00	17:28:00	11:34:00	15:54:00
Temple Mills Lane j/w Ruckholt Road (right then left turn)	London	Waltham Forest		183.9	145.5	73.5	12:28:00	17:21:00	12:47:00	17:35:00	11:38:00	16:06:00
Finish - Lea Valley VeloPark	London	Newham	n/a	185.6	147.2	75.2	12:30:00	17:26:00	12:51:00	17:42:00	11:43:00	13:27:00

Note

- If a long rider drops down to medium route could finish from 12.03
- If a long rider drops down to short route could finish from 10.37
- If a medium rider drops down to short route could finish from 11.52
- Also:
- If a long rider drops down to medium route could be at FS3 at: 10.05 (also M11 @ 10.01 / M7(r) @ 11.00)
- If a long rider drops down to short route could be at FS4 at: 08.55 (also M12 @ 08.59 / M7(r) @ 09.13)
- If a medium rider drops down to short route could be at FS4 at: 10.10 (also M12 @ 10.14 / M7(r) @ 10.28)